

Simple Present Vs. Present Continuous

Exercise 1: Match each sentence with its explanation.

She works at a hospital.	Temporary action happening right now.
He is working late tonight.	Habit or routine.
The train leaves at 6 PM.	Scheduled future event.
Oh no! It's starting to rain.	Scientific fact.
Water boils at 100°C.	Unplanned event happening now.

Exercise 2: Choose the correct form of the verb from the options given.

- Right now, the chef (prepares / is preparing) a special dish for the guests.
- He (doesn't watch / isn't watching) TV every day.
- Listen! Someone (sings / is singing) your favorite song.
- Look at Jessica! She (eats / is eating) her favorite dessert.
- My neighbor (leaves / is leaving) for work at 7a.m. every morning.

Exercise 3: Read the sentences carefully and choose the correct tense based on the context.

- Every Monday, Mike _____ (go) to the gym after work, but today he _____ (stay) home because he's feeling sick.
- Listen! Someone _____ (knock) at the door. Can you check who it is?
- Usually, my parents _____ (cook) dinner together, but tonight, my mom _____ (make) pasta alone.
- We _____ (not/go) to the beach very often, but we _____ (spend) the day there this weekend.
- Why _____ (you/look) at me like that? Did I say something wrong?



Exercise 4: Rearrange the words to form correct sentences in either Simple Present or Present Continuous.

- (because / can't / right now / he / answer / is / driving / he)
- (usually / on weekends / her grandparents / she / visits)
- (at the moment / is / John / meeting / his team / in the office)
- (does / why / the train / always / so early / ?/ leave)
- (right now / it / is / raining / heavily / outside)

Exercise 5: Fill in the blanks with the correct form of the verbs in parentheses. Pay attention to the context of the story.

Every Friday, Sarah usually ______ (meet) her friends after work. However, today she ______ (not/go) to the usual café. Instead, she ______ (sit) in a quiet library because she ______ (prepare) for an important presentation tomorrow. Her colleagues ______ (call) her to invite her out, but she ______ (not/answer) her phone. She ______ (need) to focus right now.



ANSWER KEY

Exercise 1: Match each sentence with its explanation.

- She works at a hospital. (Habit or routine)
- He is working late tonight. (Temporary action happening right now)
- The train leaves at 6 PM. (Scheduled future event)
- Oh no! It's starting to rain. (Unplanned event happening now)
- Water boils at 100°C. (Scientific fact)

Exercise 2: Choose the correct form of the verb from the options given.

- Right now, the chef (prepares / is preparing) a special dish for the guests.
- He (**doesn't watch** / isn't watching) TV every day.
- Listen! Someone (sings / is singing) your favorite song.
- Look at Jessica! She (eats / is eating) her favorite dessert.
- My neighbor (leaves / is leaving) for work at 7a.m. every morning.

Exercise 3: Read the sentences carefully and choose the correct tense based on the context.

- Every Monday, Mike **goes** to the gym after work, but today he **is staying** home because he's feeling sick.
- Listen! Someone **is knocking** at the door. Can you check who it is?
- Usually, my parents **cook** dinner together, but tonight, my mom **is making** pasta alone.
- We **don't go** to the beach very often, but we **are spending** the day there this weekend.
- Why are you looking at me like that? Did I say something wrong?

Exercise 4: Rearrange the words to form correct sentences in either Simple Present or Present Continuous.

- (because / can't / right now / he / answer / is / driving / he)
 - He can't answer right now because he is driving.



- (usually / on weekends / her grandparents / she / visits)
 - She usually visits her grandparents on weekends.
- (at the moment / is / John / meeting / his team / in the office)
 - John is meeting his team in the office at the moment.
- (does / why / the train / always / so early / ?/ leave)
 - Why does the train always leave so early?
- (right now / it / is / raining / heavily / outside)
 - It is raining heavily outside right now.

Exercise 5: Fill in the blanks with the correct form of the verbs in parentheses. Use either simple present or present continuous. Pay attention to the context of the story.

Every Friday, Sarah usually **meets** her friends after work. However, today she **is not going** to the usual café. Instead, she **is sitting** in a quiet library because she **is preparing** for an important presentation tomorrow. Her colleagues **are calling** her to invite her out, but she **is not answering** her phone. She **needs** to focus right now.